



Wellspring

Healthy Living Centre

MEMBERSHIP OF WELLSPRING HEALTHY LIVING CENTRE

Membership of Wellspring Healthy Living Centre is open to all who support our aims to engage with our community and empower them to take control of their physical, mental and emotional wellbeing through accessible, affordable, innovative, high quality services which have an impact on their daily lives.

BENEFITS OF MEMBERSHIP

- The opportunity to apply for election to the Board of Trustees who run the Centre.
- To elect the Board of Trustees at the Annual General Meeting (Full Members)
- The opportunity to influence the future of the Centre.

RESPONSIBILITIES OF MEMBERSHIP

- To support and promote the aims of Wellspring Healthy Living Centre.
- To attend our Annual General Meeting
- To give feedback when consulted

Full membership, which means you have a vote at formal meetings, is available to people who live in the wards of Lawrence Hill and Easton and the surrounding neighbourhoods. If you live outside these areas, you can become an **Associate Member** and are welcome at meetings, but will not be able to vote.

As a formal company member, you could also be called upon to contribute to any winding-up costs of the company, but this would be limited to £1. Please note that the Centre's Trustees may refuse an application for membership if they consider it to be in the best interest of Wellspring Healthy Living Centre.

For further information about the work of Wellspring HLC please visit our website at www.wellspringhlc.org



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I support the aims of the Wellspring Health Living Centre which are:

“To engage with our community and empower them to take control of their physical, mental and emotional wellbeing through accessible, affordable, innovative, high quality services which have an impact on their daily lives.”

| | |
|------------------|----------------|
| NAME: | Date of Birth: |
| ADDRESS: | Telephone: |
| | Email: |
| <i>Postcode:</i> | |

Which areas of our work are you particularly interested in (please tick):

- Supporting mental health and emotional wellbeing
- Supporting physical health
- Supporting families to maintain healthy lifestyles
- Peer support and volunteering

Do you have any ideas/suggestions/feedback about how we could meet our aims?

Wellspring is committed to serving all those who live in the local community. We monitor how well we are doing by collecting and analysing information about the people we engage with. We ask that you help us by completing this form. Any information you provide will be treated as strictly confidential and will be used for statistical purposes only. No information will be published or used in any way which allows any individual to be identified.

Please indicate which of these best describes you

- Male Female Other I'd rather not say

Please tell us your first language

- I'd rather not say

How would you describe your ethnic origin?

- Asian or Asian British Black or Black British Black - Caribbean
 Black African - Somalian Black African - Other Mixed
 White British White – Other
 Other (please state.....)
 I'd rather not say

Do you consider yourself a disabled person?

- Yes No I'd rather not say

What is your sexual orientation?

- Heterosexual / straight Gay woman / lesbian Gay man
 Bisexual Other I'd rather not say

We will use and store any information that you give us in accordance with data protection legislation. Where appropriate, we may share information with our partner organisations to help us deliver our services to you.

WHLC will not allow other third parties to access your information without your informed consent, except as we are required to do so by law, or if there is a risk of serious harm or threat to life.

For further details, please see our Data Protection Policy and our Information Sharing and Disclosure Policy.

I consent to Wellspring Healthy Living Centre holding my information in accordance with the above statement:

Signature: _____ Date: _____

Please tick here if you would like to be kept up to date by email about Wellspring activities